



Arlington High School

Eagle Family Newsletter

September 2019 at AHS ...

September 16, 2019

Your Monthly Message from Principal Fish...



Welcome to the 2019-20 School Year at AHS!

Hello AHS Families,

We are off to an amazing start to our school year here at Arlington High School! Our staff is working hard to make positive, productive connections with Every Eagle and we are being very intentional about our approach via Character Strong with your student. Our goal is to prepare Every Eagle for life beyond AHS - one where they will not only be academically prepared for their next steps, but also one that prepares them to have the character required to stay in their chosen profession, college, apprenticeship, military enlistment or university of his or her choosing. We want our kids to THRIVE in their community beyond our campus, not just arrive there.

Unlike the start of my last two years at AHS where students and parents weren't clear on expectations due to so much change in leadership over the past several years, we're going into 2019-20 with greater clarity on our three things at AHS:

- Be Involved
- Work Hard
- Be Kind

Not only will we continue to work tirelessly to graduate top academic students, you also have our word we are dedicated to graduating tremendous human beings who are kind, compassionate and community oriented. Through our collaborative work with Character Strong, we will role model these traits for our students and, in turn, we hope they will role model these traits for younger Arlington students coming to AHS each year. By the time our students reach senior status, it's our hope they will be the greatest living, breathing examples of all we hope to see in our expectations personified. To aid us in doing so, we are confident you've noticed the changes to our campus that clearly communicate what we value as a community of learners. Our banners and main entrance state precisely who we are and what we are all about at AHS.

My favorite part of the article?

Tip #5 -

Goal setting: Be your own best self. Perfection is not the goal.

Comparing yourself to others is not the goal. There are always others who have more (talents, resources, etc...) than you. There are always others who have less than you. In track and field, victories are measured by improving upon one's own personal record. The athletes don't have to finish first to be successful. Help your kids to find what they love, work hard to build on their own skills, and achieve that personal best in all areas of their lives! Growth Mindset!

Through our partnership with each of you, your students and our staff, 2019-20 is sure to be our best year ever!

Every Eagle,
Principal Duane Fish

Upcoming Dates

September

Sept 18-Early Release

Sept 20-Love at First Fright 7pm

Sept 21-Love at First Fright 7pm

October

Oct 4-Homecoming Assembly

Oct 5-Homecoming Dance

Oct 8-FAFSA Information Night

Important Information

NEW Cell Phone Expectations at AHS

Please take a moment to review the attached letter ([Click Here for Expectations](#)) to learn more about our philosophy and approach to dealing with Cell Phone Use by Students on our campus. These policy changes have been under review and re-construction for the past two years. We recently surveyed classroom teachers about the impact of distractions during instruction and more than 70 percent indicated cell phone use during class is a problem too frequently. Effective Oct 1, students will be expected to silence their phones and store them in their backpacks or in a classroom caddie system as directed by the classroom teacher. We are discouraging students from keeping phones on their person during instructional time to avoid the distraction of text messages, social media and other distractions. Students can still use their cell phones for educational engagement under the direction of their classroom teacher. Systems will vary based upon course content, grade level and the established expectations of the classroom teacher. Consequences for not following the policy are clearly stated and will be shared with students prior to the Oct 1 effective date. We will meet with kids during an extended 5th period later this month to ensure we all understand. As noted in the letter linked above, we have a "Plan, not a Ban" at AHS. Some schools have elected full bans on cell phones, but we do not believe this serves our students best in their preparation for life beyond AHS. Nearly 97% of our teachers believe we share a responsibility as an educational institution to teach our kids proper cell phone use as they work toward career readiness. It's all about proper time, place and application. Thus, we will do all we can to help them mature, learn and grow into responsible, prepared adults. Lastly, we want to support every classroom environment by increasing student engagement, improving interpersonal communication and building more opportunity for distraction-free learning periods for our kids. Please support our efforts and review the policy expectations with your student. Thank you!



Student Early Release

At AHS, we value every minute a student has in the classroom. Currently, we're experiencing a large number of requests for students to leave 5 mins early at the end of the day. Over the

course of a semester or year, this time adds up to far too much instructional time lost. Please know we do not want your students out of class early. Many have cited jobs and we've found that communicating with the employer often solves this issue. As for an additional 15 mins at the start of work rather than the ability to leave school early. We have flaggers directing traffic at both entrances again this year and we've greatly improved the exit process. We are done by 3pm each day with traffic. So, if the reason for the early dismissal is to avoid the traffic jam in the parking lot, please be mindful of the academic impact in classes when large numbers of students are leaving early.

As always, please send a note in the morning or call with plenty of advance notice to excuse your student early for medical appointments and other occasional dismissal items. We have 1700 students on campus daily and we want to ensure we know as soon as possible if your student needs to leave early. This will expedite the process and help us stay organized. Thank you!

A Message From Becca Harkavy-English Teacher

My name is Becca Harkavy. If your student is in my English class, keep reading. I try to send out email updates every week or two--you may have already gotten one--letting families know what is going on in class: unit themes, major assignments, interesting topics, and any other information that will help you support your student.

I will use the email(s) listed on Family Access. Please send me any additional or different email addresses at rharkavy@asd.wednet.edu, and I will make sure the weekly emails are sent to that address. Thank you!

Drivers Ed

1st quarter starts Sep. 16th and ends Nov. 5th (applications are now available).
2nd quarter starts Nov. 12th and ends Jan. 16th

Senior Portrait and Senior Ad Information

Here is the link to the senior portrait and senior ad information/appointment requests on our website.

https://ahs.asd.wednet.edu/for_students/yearbook

Senior portraits are digital submission only no later than Friday, October 25 to ahayman@asd.wednet.edu.

We are changing the senior ad process this year. You will make an appointment and sit down to create the ad with a yearbook staff member. You will pay for, create and proof the ad all at the same time. (If none of the dates/times work for you, please email Ms. Hayman directly.)

If your images are already digital, you'll email them to me in advance. If they are hard copy, bring them in, and we'll scan them at your appointment.

Appointment times are from 4pm-8pm on Tues 9/24, Wed 9/25, Mon 10/7, Tues 10/8 (FAFSA meeting is 6-7:30 that night also at AHS), Tues 10/22 and Wed 10/23.

WORK HARD!

Eagle Study

We are continuing to offer and assign Eagle Study as an after school support and intervention for those students who need extra help or time. We are encouraging families to take advantage of Eagle Study. Eagle Study runs Monday, Wednesday, and Friday from 3- 4:30pm.

There is transportation home to the following hub stops:

Route 1: Trafton Store

Arlington Heights Rd & 99th Ave NE

Arlington Hts Community Hall and Arlington Hts Rd

Oso Store

Route 2: Haller Middle School

Post Middle School

Burke Ave & Haller (by the vet clinic)

Bryant Store

Lutheran Church Silvana

Route 3: 132nd Ave NE & 99th St NE
Sisco Heights Community Church

Route 4: Wade Rd. & Centennial Trail
67th Ave NE & McPherson Rd
67th Ave & Woodlands Way
High Clover & Cemetery Rd
Mobile Estates & 67th Ave NE

From 2:30 - 3:00pm students are encouraged to check-in and work with individual teachers to support their understanding of assignments to work on during Eagle Study. For any questions, please call the main school office or your student's counselor.

PSAT and AP Exams

PSAT Test

The PSAT exam will be administered on Saturday, October 19. The PSAT is open to Juniors and Sophomores and provides valuable test practice for the SAT college entrance exam. Depending on their scores, Juniors who take the PSAT can qualify for National Merit Scholarships. Here are the details to sign up:

Test Date: Saturday, October 19 (at AHS)

Test Fee: \$19, payable by cash or check at the Attendance window (non-refundable). After paying the exam fee, students must provide their receipt to Ms. Knutson in the Counseling Office to complete their registration and receive their practice test booklet.

Registration opens for Juniors: Monday, September 16

Registration opens for Sophomores: Monday, September 23

There are limited tests so sign up early! Juniors receiving free or reduced lunch can qualify for an exam fee waiver, see Mrs. Bennett in the Counseling office for details.

AP Exams

AP Exam Ordering (NEW PROCESS): The AP Exam ordering process has changed significantly this year! For students enrolled in one or more AP courses, they will receive information from their AP teacher(s) regarding these changes. Students must now register online through College Board for their AP courses and AP exams. The deadline for students to pay their AP exam fee(s) at the Attendance Window is FRIDAY, OCTOBER 25. The exam fee is \$94 per exam and must be paid by check at the Attendance window. Any student who registers for an AP exam after November 15 will have to pay a \$40 late fee, in addition to the \$94 exam fee. Attached is more detailed information on the new AP exam ordering process, along with AP exam dates and deadlines. Contact your student's AP teacher or the AP Coordinator, Mrs. Bennett with any additional questions (abennett@asd.wednet.edu).

Career Center News

Financial Aid/FAFSA Information Night

This year we will hold our Financial Aid information night for senior students and parents on **October 8th** from 6:00-7:30PM in the Library. We will help you get started online creating an FSAID and walking you through the steps involved in applying for FAFSA. You will need to bring information such as social security numbers, tax return information and something to write down passwords and notes. We will be here with additional guests to help you walk through this process. You can get additional information from the FAFSA website. <https://studentaid.ed.gov>
Applications for Federal Aid are open as of October 1st 2019!

Dollars for Scholars and FAFSA reminder

Just a reminder that all students can go into dollars for scholars and make a profile NOW even if they are not a senior this year. They will need to remember passwords etc. and update information as it changes in their profile.

Good idea to also start a FAFSA profile for seniors.

ASVAB

With the recent changes in requirements for student graduation pathways, we have the opportunity to provide your student with an alternative assessment for graduation. In 2019, Washington State Legislature passed House Bill (HB) 1599 to expand the way that our high school kids can show their readiness for next steps

after high school. This expansion came in the form of multiple pathways for students to build a High School and Beyond Plan that would fit each individual student.

On October 9, Arlington High School will be offering students the opportunity to take the Armed Services Vocational Aptitude Battery (ASVAB) Career Assessment test. A passing score on this test will fulfill the graduation requirement that was previously filled by achieving passing scores on the Smarter Balanced (SBAC) English Language Arts and Math exams. Student scores will only be reported to the military at student and parent discretion, they are NOT automatically reported. If you are interested in more information, please reach out to your student's counselor.

Career and College Fair

We will be hosting our annual career and college fair **December 5th 2019**. Students will have from 7:30-10:30 AM to mingle through numerous college and career information tables in the commons with representatives ready to answer any questions.

Skilled Trades Fair

Once again we will offer a Skilled Trades Fair and the date has been set for **May 28th 2020**. Students will not only have an opportunity to have hands on exposure to many different trades available but the companies joining us often look to that day for HIRING new employees.

REMIND

If you would like to stay informed about Career related speakers and events at AHS you can join the REMIND service by texting 81010 and joining **School-to-work Coordination** class.

BE INVOLVED!

Athletics

WESCO League Schedules

[Go to our AHS Page at WESCO Here!](#)

Ecology Club

Do you like to Hike? Come check out The Ecology Club. The club meets on Tuesdays at 7:30 am and 2:35 pm. Pick a time that works for you. We work to promote sustainability in our community.

From the Arts Department

"Love at First Fright"



Our first production of the year is coming up! Performances for **"Love at First Fright"** will be held Friday, September 20, and Saturday, September 21 @ 7 pm at the Byrnes Performing Arts Center.

What could be better than 80's horror film characters starring in a love story musical? This show is a **student run production** that the kids have been rehearsing for all summer. Senior directors Jake Hurst and Bella Fryberg worked hard to come up with an original script and choreography for this show. I've seen excerpts of it already and I can tell you, it's **creative, fun, and ambitious**. Please share the show with your family, friends, and neighbors.

Come support the drama club and buy a ticket (or two!) to the show!

BE KIND!



Stay Connected!

 Like us on Facebook

Follow us on **twitter**

 Follow us on
Instagram

@ahsflyeaglesfly

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