



April 2020

April 17, 2020

### Your Monthly Message from Principal Fish...



#### **The Impact of this Global Pandemic... How Will We Respond? That's Key.**

Hello Eagle Families!

I sent this message to Senior Families first last week. Now, I want to share this with all of you. Please be sure to check out all the Distance Learning and Closure Resources below, including new Google Voice Numbers to call your student's counselor directly!

As you know, our ability to meet face-to-face for teaching and learning was closed for the remainder of the 2019-20 school year on April 6 by Governor Inslee. As a result, we lost our spring sports season, prom, and many other important senior ceremonies that we now need to find virtual solutions for if we can. Celebrating the members of the Class of 2020 and working to see every member of the senior class graduate is our top priority now that our Distance Learning model for Every Eagle is up and running. We will be reaching out very soon to senior students and parents to aid us in finding solutions for the challenges we face as we begin to prepare for the reality that we may not be able to gather for a graduation ceremony on June 11 at Angel of the Winds Arena. To be clear, the governor has NOT closed the door just yet on graduation, but we want to be prepared in case we cannot meet. We will be putting together a graduation committee that will include students, parents and staff to aid us with ideas and planning. Stay tuned on this topic as more will come in the next couple weeks.

As for prom, we are disappointed to announce that we simply had to cancel this dance given our current Stay Home / Stay Healthy order from the governor. Additionally, we are looking at virtual alternatives to Senior Awards Night and other senior traditions at AHS - none of which

would be as wonderful as seeing you all in person. Many districts across the state and nation have started celebrating the Class of 2020 through events like the WIAAs "Lights Across Washington" where stadium lights are turned on at 8:20 pm (2020 hrs in military time) and the families are invited to drive by the football stadium to see the tribute. While we fully understand the gesture, the timing and the logistics simply aren't good for Arlington. First, the governor's Stay Home order has not been lifted and we don't want to encourage people to violate it, other area schools feel the same way. Second, we are working on plans to celebrate our senior athletes in May - when senior nights for spring sports traditionally take place. And finally, our neighbors in Crown Ridge deserve a proper heads up and the ability to prepare for an event like this if it were to happen even later in May as the WIAA just told us of this idea a couple days ago. All things considered, we simply can not justify an event like this at the stage of the closure period. But do not worry... we assure you that we WILL celebrate the Class of 2020!

We've been planning for a date in May (TBD) to distribute your Class T-Shirts along with your Jostens Graduation orders (Caps / Gowns / Announcements / Etc). We will soon have a plan to communicate with you that will look and feel very similar to what we did for Chromebook distribution at AHS with Social Distancing protocols in place. Stay tuned!

Thank you for your patience, flexibility and compassion as we all tackle this pandemic together. We are thinking about you a lot and we have not forgotten about properly honoring the Class of 2020. We promise to celebrate you!

[Attached is an Open Letter to the Class of 2020 from me - it's for every senior and I hope you each take a moment to read it.](#) In short, I miss you terribly and I'm sorry your senior year hasn't been what we all hoped it would be when we kicked the year off last September. Regardless of how this all plays out, you're an amazing group of young people and the best is yet to come for every one of you. Your response to all of this makes me so proud to be your principal.

For those parents and families outside of the Class of 2020 - that last statement above rings true for you too. Thank you for supporting AHS and the work we do for Every Eagle...Stay Healthy - the best is yet to come for all of us!

Sincerely,  
Duane Fish  
Principal - AHS

## Upcoming Dates

**School Closed for the 19-20 School Year: Distance Learning Continues...**

## BE INVOLVED!

### Schack Art Center 2020 Award Recipients

The award recipients from Arlington High School in the 2020 Black and White Photography Contest are as follows:

- Sophia McVey, Title: Discount Lily, Honorable Mention-Grades 9-10th Category



- Hannah Rhodes, Title: '65 Chevell Malibu, Honorable Mention-Grades 9-10th Category



In light of the directives issued by the Governor's office to limit the spread of the coronavirus, we decided to close the Schack Art Center to the public until we are told by local officials that it is safe to reopen. All special events have been cancelled during this time including the B&W Awards Ceremony that was scheduled for March 26 and the exhibit of entries. For now we are holding onto the photographs and hope to reschedule this exhibit once we can again open our doors. In the meantime, a listing of the award winning entries can be viewed on our website, <https://www.schack.org/student-awards-contests/black-white-photography-contest/2020/>.

### **We Need To Make Sure Our Teens Are Okay!**



This has been a tough time for our teens. Staying home all the time and connecting only online makes building family relationships even more important.

**8 Practical Things Families Can Do at Home to Support Social-Emotional Learning**  
[With kids home for the foreseeable future, social-emotional learning \(SEL\) may be some of the best at-home learning kids do.](#)

**7 Ways to Support Kids and Teens Through the Coronavirus Pandemic**  
[How to engage with kids to help them maintain emotional stability.](#)

**Free Guide for Parents: How to Help Teens Build Life Skills for Success**  
[Find practical steps to help kids learn about themselves and how they relate to others.](#)

[20 Apps to Combat Anxiety and Stress \(for Kids and Adults!\)](#)

[Everyone is Sharing the Ways They Are Celebrating the Class of 2020!](#)

## WORK HARD!

### DISTANCE LEARNING CONTINUES!

Click here for a copy of our [Distance Learning Calendar](#)

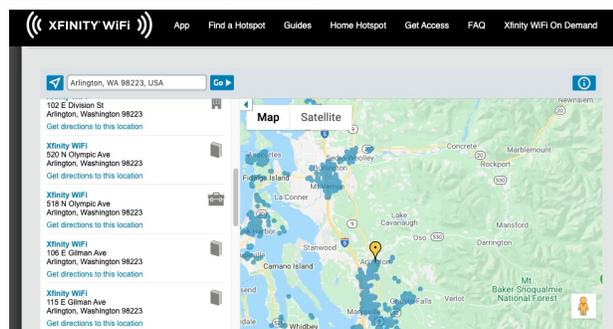
We have had a delay in delivering hotspots to our students due to a backlog at Verizon. In the meantime here is some valuable information that could help with this issue:

Here is a link to Comcast's announcement of internet offerings to families. If you live in a location where Comcast provides services, families can get at least two months of internet access free of charge.

<https://corporate.comcast.com/covid-19>

What's possibly more interesting is that they have opened up Xfinity wifi hotspots to anyone. Check here for a hotspot near you. You can search their map for internet hotspots in the 98223 zip code. There's quite a lot available!

<https://wifi.xfinity.com/>



### Sno-Isle Tech Summer School

#### A Letter From Sno-Isle to Our Students

Dear Students and Parents,

We are very sorry to report that after very careful deliberation, a determination has been made not to offer Summer School this year at Sno-Isle TECH Skills Center. The Covid-19 Pandemic has presented many obstacles, including a current freeze on hiring teachers. Additionally, at this point in time, we do not have enough information regarding the lift of social-distancing sanctions. Gathering students for summer school may very likely be a dangerous undertaking and we will not risk jeopardizing the health and welfare of our multiple communities who participate in the Sno-Isle TECH Summer School experience. We wish you continued safety and good health through this coming summer, and hope that you will consider us again for summer

school next year.

We wish you all the best in the coming months. Stay safe!

Sno-Isle TECH Skills Center Team

## From the Counseling Office

### Counselors now have Google Voice Numbers!

Students, parents, and community partners can use these numbers the same way they would use our office numbers in the building. Please feel free to provide to students, parents, or community partners who would like to speak with a school counselor. We've set up regular office voicemail for these numbers. Counselor alpha breaks by student last name and emails indicated below as well.

A - C,	Elizabeth (Lisa) Sullivan (esullivan@asd.wednet.edu)	(206) 629-8704
D - Hi,	Mary Hawksley (mhawksley@asd.wednet.edu)	(206) 659-7606
Ho - Me,	Cheyenne Hanshaw (chanshaw@asd.wednet.edu)	(206) 659-9476
Mi - Sa,	Shanna Crookes (scrookes@asd.wednet.edu)	(484) 531-7034
Sc- Z,	Allison Bennett (abennett@asd.wednet.edu)	(206) 659-9224

Also, counselors are available on Zoom for any student or parent to drop in on Fridays from 12-2. You received an email with a link to the meeting from your counselor. If you need that again, email your counselor.

## Career Center News

### Financial Aid

Even if your student is undecided about plans after graduation it is important to fill out the FAFSA (Free Application For Student Aid). You can do this and get additional information from the FAFSA website. <https://studentaid.ed.gov> Applications for Federal Aid are opened October 1<sup>st</sup> 2019!

### Arlington Public Schools and City of Arlington Announce Arlington Career Internships Program

[https://www.asd.wednet.edu/news/arlington\\_public\\_schools\\_and\\_city\\_of\\_arlington\\_ann](https://www.asd.wednet.edu/news/arlington_public_schools_and_city_of_arlington_ann)

## April is Forgiveness Month with AHS Character Strong!



## Important Information

## Skyward Information

Parents, please double and triple check your contact information including phone and email in Skyward. Remember also, to look at your Emergency Contacts. Please update this information with Robin Knutson in our Counseling Office. 360-618-6307

## Vape Prevention and Tobacco 21

Tobacco 21 laws go into effect January 1, 2020. The state Department of Health (DOH) has issued resources to assist schools in planning. Please see the linked letter, and materials about DOH's free youth vaping cessation app. Additionally, a free intervention tool called INDEPTH, issued by the American Lung Association, is also provided as a resource.

- K-12  
Letter: <https://www.doh.wa.gov/Portals/1/Documents/5640/SecretaryWiesmanLetterK-12.pdf>
- K-12 FAQ: <https://www.doh.wa.gov/Portals/1/Documents/Pubs/340-347-TeenYoungAdultVapingAppFAQ.pdf>
- Youth App Flyer: <https://www.doh.wa.gov/Portals/1/Documents/Pubs/340-346-TeenYoungAdultVapingApp.pdf>
- INDEPTH - Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health: <https://www.lung.org/stop-smoking/helping-teens-quit/indepth.html>

## From the Registrar

Attention Seniors applying to college: Please make sure you have a transcript request in Naviance for your college applications. If you have any questions, see Mrs. Nelson at the Registrar's Window upstairs.

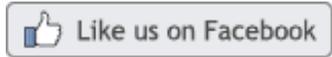
Does your auto insurance company offer a good student discount? If so, your student's report card is the perfect document to submit to them for proof of good grades. It is located in the Portfolio tab in Family Access as a PDF attachment and includes the semester and cumulative GPA. Semester 1 report cards will be uploaded to Family Access at the beginning of February.

## BE KIND!

Kindness in words creates confidence.  
Kindness in thinking creates  
profoundness. Kindness in giving  
creates love.

Lao Tzu

## Stay Connected!



@ahsflyeaglesfly

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